

# **CROSS**

## ***CUSTOM SUITS***

### **NEVER BE DISAPPOINTED**



## Measurement Guide

[www.xcross-sports.com](http://www.xcross-sports.com)

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### INSTRUCTIONS

You **MUST** follow the measurement sheet when providing us your body measurements. It is recommended to have a helper or a have a tailor to measure you per our instructions. All measurements must be taken in **CM** and **KG**.

1. Use a soft ruler.
2. Take all measurements in CM and KG.
3. When measuring please wear a snug fitting shirt and shorts. The idea is to wear whatever you'll be wearing underneath the suit including all armor (I.E Back protector, chest protector, etc.)
4. **Before taking your measurements please measure your height and weight. Measure height in CM from the back and middle of your neck to your ankles. Convert weight into KG.**

Xcross Sports *is* not responsible for you providing us with the wrong measurements and there will be no refunds/warranty claims issued if such occurrence arises.

**Please note:** For measurement purposes this is considered your "navel", which is also your waistline. Please remember this while measuring yourself.



## **Measurements for a Xcross Sports custom Suit**



### **1. Chest**

Measurement around the fullest part of chest, while holding the tape high under the arms.

**NOTE:** Be sure that tape does not fall down on the back

**Measurement (CM):** \_\_\_\_\_



### **2. Waistline/Navel**

Measure around your waistline at the navel (as shown).

**NOTE:** For all measurements, the waistline is located at the navel

**Measurement (CM):** \_\_\_\_\_



### **3. Neck**

Measure the neck (as shown)

**NOTE:** Turn head to the left & right before writing the measurement down

**Measurement (CM):** \_\_\_\_\_



#### **4. Complete outside sleeve length**

Measure from the top of the shoulder to the wrist bone (as shown)

**NOTE:** End the measuring tape where you want your to end on the wrist. A slight curve of the arm is important to mimic the riding position.

**Measurement (CM):** \_\_\_\_\_



#### **5. Shoulder to Elbow**

Measure from the top of the shoulder to the elbow.

**NOTE:** To double check your measurements add measurement 5 & 6 together and the total should equal Measurement 4

**Measurement (CM):** \_\_\_\_\_



#### 6. Elbow to Wrist

Measure from the elbow to the wrist bone

**NOTE:** End the measuring tape where you want your Suit to end on the wrist. To double check your measurements add measurement 5 & 6 together and the total should equal Measurement 4.

**Measurement (CM):** \_\_\_\_\_



#### 7. Bicep

Bend arm half way, make a tight fist, and flex the bicep. Measure around the largest part of the flexed bicep (as shown)

**NOTE:** For a track fit suit add an extra +2 cm to your measurements, see fit then record. For a Race fit do not add extra +2cm.

**Measurement (CM):** \_\_\_\_\_



#### 8. Forearm

Bend arm half way, make a tight fist, and flex the forearm. Measure around the largest part of the flexed forearm (as shown)

**NOTE:** For a track fit suit add an extra +2 cm to your measurements, see fit then record. For a Race fit do not add extra +2cm.

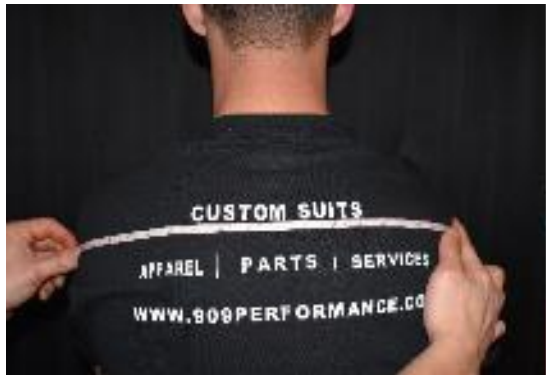
**Measurement (CM):** \_\_\_\_\_



### **9. Wrist**

Measure around the wrist, across the wrist bone. (as shown)

**Measurement (CM):** \_\_\_\_\_



### **10. Shoulder to Shoulder**

Measure across the shoulders (as shown)

**Measurement (CM):** \_\_\_\_\_



### **11. Neck to Navel (Waistline)**

At the front, measure from the base of the neck (right below Adams Apple) to the waistline (at navel) (as shown).

**Measurement(CM):** \_\_\_\_\_



### 12. Neck to Waistline Back

At the back, measure from the base of the neck to the waistline (at navel) (as shown).

**NOTE:** Set your underwear/shorts so that the waistband is just over the navel, and the waistband is parallel to the floor, then measure to the waistband with tape.

Measurement(CM): \_\_\_\_\_



### 13. Front of Neck through Crotch to Back of Neck

This is only ONE measurement, and it is **very important!**

**PLEASE REFER TO BOTH PICTURES.**

Measure from the base of neck (at front under throat), straight down the chest, under the bottom of the crotch, and straight up the back to the base of the neck (at back).

**NOTE:** Make the measurement have slack, it may be easier for men to do a slight crouch and stand back up before recording measurement

Measurement (CM): \_\_\_\_\_



16) Front waistline to back waistline:  
Measure from front waistline (at navel),  
under the crotch to the rear waistline.



### 13a: Front waistline to back waistline

Measure from front waistline (at navel) under the crotch  
to the rear waistline

**NOTE:** Make the measurement slack, to double check  
your measurements add 11+12+13a together and the total  
should equal measurement 13.

**Measurement (CM):** \_\_\_\_\_



### 14. Hips

Measure around the fullest (middle) part of the seat/buttocks  
(as shown)

**Measurement (CM):** \_\_\_\_\_



### 15. Upper Thigh

Measure around the largest part of the upper thigh (as  
shown)

**NOTE:** Do a partial crouch and flex the thigh before  
measuring

**Measurement(CM):** \_\_\_\_\_



#### 16. Lower Thigh

Measure around the lower thigh (as shown)

**NOTE:** Do a partial crouch and flex the thigh before measuring.

**Measurement(CM):** \_\_\_\_\_



#### 17. Knee

Measure around the center of the knee cap (as shown)

**NOTE:** add an extra +2cm to your measurements, then record them

**Measurement(CM):** \_\_\_\_\_



#### 18. Calf

Measure around the largest part of the calf muscle, with the calf flexed (as shown)

**NOTE:** Add extra +2 cm to your measurements, then record them.

**Measurement(CM):** \_\_\_\_\_





**19. Ankle**

Measure directly above the ankle bone (as shown)

**Measurement(CM):** \_\_\_\_\_



**20. Inseam**

Measure from the top of the crotch to right above the ankle bone (as shown)

**Measurement (CM):** \_\_\_\_\_

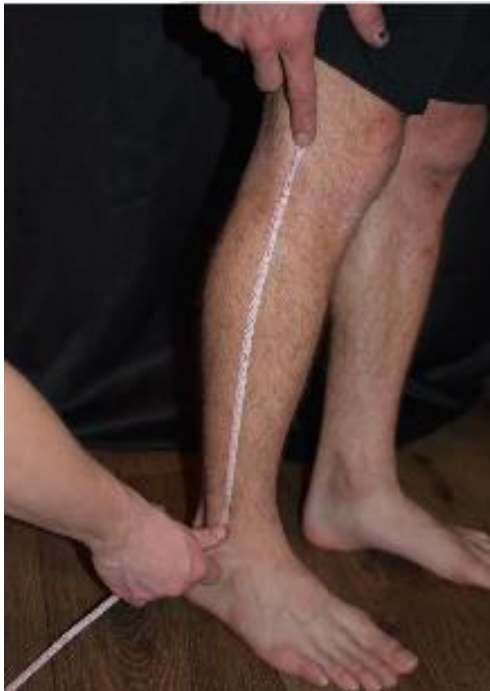


### **21. Waistline/ Navel to Knee**

On the side, measure from the waistline (at navel) to the center of the knee cap (as shown).

**NOTE:** Bend the leg slightly before measuring.

**Measurement(CM):** \_\_\_\_\_



### **22. Knee to Ankle**

On the outside, measure from the center of the knee cap to directly above the ankle bone (as shown).

**NOTE:** End the tape where you want to end your suit.

**Measurement(CM):** \_\_\_\_\_



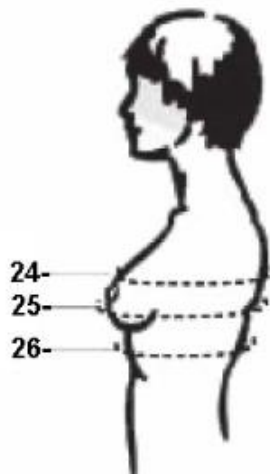
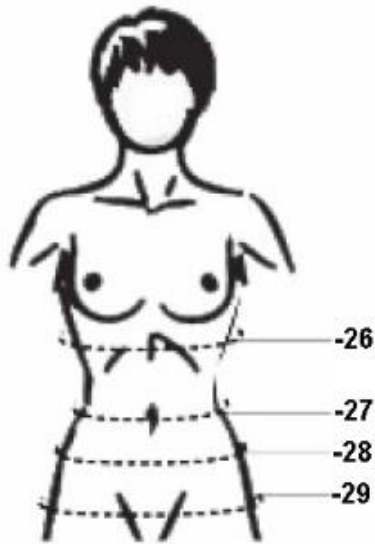
### **23. Waistline/ Navel to Ankle**

On the outside, measure from the waistline (at navel) to directly above the ankle bone (as shown).

**NOTE:** it is **Very Important** that the leg is straight (as shown),

To double check your measurements add 21 + 22 together to get the total of measurement 23.

**Measurement(CM):** \_\_\_\_\_



## **Women's Measurements**

### **24. Upper chest**

Measure at the top of the cleavage

**Measurement(CM)** \_\_\_\_\_

### **25. Mid chest**

Measure around the fullest part of your chest

**Measurement(CM)** \_\_\_\_\_

### **26. Upper waist**

Measure at the band, underneath cleavage

**Measurement(CM)** \_\_\_\_\_

### **27. Waist/Navel**

Measure around your waistline at the navel

**Measurement(CM):** \_\_\_\_\_

### **28. Lower Waist**

Measure below the waistline at hipbone level

**Measurement(CM):** \_\_\_\_\_

### **29. Hips**

Measure around the fullest (middle) part of the seat/buttocks

**Measurement(CM):** \_\_\_\_\_

## Rider's Summary of Measurements & Suit Configuration

|                                                      |                                               |
|------------------------------------------------------|-----------------------------------------------|
| RIDER'S NAME:                                        | 13a. FRONT WAISTLINE TO BACK WAISTLINE:       |
| HEIGHT (REFER TO PG.2):                              | 14. HIPS:                                     |
| WEIGHT (KG):                                         | 15. UPPER THIGH:                              |
| 1. CHEST:                                            | 16. LOWER THIGH:                              |
| 2. WAISTLINE (NAVEL):                                | 17. KNEE:                                     |
| 3. NECK:                                             | 18. CALF:                                     |
| 4. COMPLETE OUTSIDE SLEEVE LENGTH:                   | 19. ANKLE                                     |
| 5. SHOULDER TO ELBOW:                                | 20. INSEAM:                                   |
| 6. ELBOW TO WRIST:                                   | 21. WAISTBAND OF UNDERWEAR TO CENTER OF KNEE: |
| 7. BICEPS:                                           | 22. CENTER OF KNEE TO ANKLE:                  |
| 8. FOREARM:                                          | 23. SIDE OF LEG TO ANKLE:                     |
| 9. WRIST:                                            | <b><u>WOMEN'S MEASUREMENTS:</u></b>           |
| 10. SHOULDER TO SHOULDER:                            | 24. UPPER CHEST:                              |
| 11. NECK TO NAVEL (FRONT):                           | 25. MID CHEST:                                |
| 12. NECK TO WAISTLINE (BACK):                        | 26. UPPER WAIST:                              |
| 13. FRONT OF NECK THROUGH CROTCH<br>TO BACK OF NECK: | 27. WAIST/NAVEL:                              |
|                                                      | 28. LOWER WAIST:                              |
|                                                      | 29. HIPS:                                     |

### OPTIONS:

COW ☐ KANGAROO ☐  
ONE-PIECE ☐ TWO-PIECE ☐  
PANT FITTING: INSIDE OF BOOT ☐ OUTSIDE OF BOOT ☐

## Rider's Contact & Shipping Information

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Address Line 1: \_\_\_\_\_

Address Line 2: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Rider's Signature: \_\_\_\_\_

Date: \_\_\_\_\_